

2019 Dates	Time	Activity/Event and Location	Cost	Sign-up Requirements
Creative Clubs and Activities Group Meetings				
Every Wednesday	9:00am	Crafts, at MCA	Free	No Sign-up Required
Every Saturday	9am-12pm	Quilting Club, at MCA	Free	No Sign-up Required
6/04, Tuesday	1:00pm	Travel Club Meeting, at MCA	Free	No Sign-up Required
6/12, Wednesday	2:00pm	Book Club, at MCA	Free	No Sign-up Required
6/25, Tuesday	6:00pm	Woodworking Club Meeting, at MCA	Free	No Sign-up Required
Health and Wellness				
Every Friday	9:00am	Fitness Friday Class, at MCA	\$2	No Sign-up Required
Recreational Activities and Games				
Every Monday	7pm	Bingo, at Avivia Kretzmer Center, 1951 N. Honore Ave., \$1/2 Cards, Cash Prizes. No Sign-up Required.		
Every Monday	9:00am	Mah Jongg, at MCA	Free	Call Caryl Magnus, 941-378-5055
Every Tuesday	6:00pm	Darts, at TMCC Centre Court Lounge	Free	Call/Text Jim Rutushni, 941-960-5128
Every Wednesday	3:00pm	Bocce Ball & Horseshoes, behind MCA	Free	Call/Text Jim Rutushni, 941-960-5128
Every Wednesday	6:00pm	Ping Pong, at TMCC Centre Court Lounge	Free	Call/Text Jim Rutushni, 941-960-5128
Every Thursday	3:00pm	Cornhole, behind at MCA	Free	Call/Text Jim Rutushni, 941-960-5128
Every Thursday	6:00pm	9-Hole Billiards, TMCC Centre Court Lounge	Free	Call/Text Jim Rutushni, 941-960-5128
Every Friday	12:30pm	Bridge, at MCA	Free	Call Bill Thompson, 941-379-7955
6/05, 19, Wed.	12:30pm	Bridge, at MCA	Free	Call Jo Blowers, 941-371-5271
6/09, Sunday	6:30pm	Game Night, at MCA	Free	No Sign-up Required
6/15, Saturday	11:00am	Tennis Carnival, at TMCC Tennis Center	Free	No Sign-up Required
Speakers/Presentations and Classes				
6/04, Tuesday	4:00pm	Optimal Exercises to Improve Heart, Lung & Brain Health Class, w/ Chris Vercelli, at MCA, Free.		
6/06, Thursday	1-4:00pm	Electronic Device Help, at MCA	Free	Call, e-mail or come to the MCA Office
6/06, Thursday	2-4:00pm	Garden Club, at MCA	Free	No Sign-up Required
6/11, Tuesday	3:00pm	ITN (Let's Go Places) Presentation, at MCA	Free	No Sign-up Required
*Rescheduled: 6/11, Tuesday, 4:00, Optimal Exercises To Improve Balance & Prevent Falls Class, w/Chris Vercelli				
*This class has been rescheduled for Tuesday, July 16, 4pm, at MCA. A reminder will be posted on the July calendar.				
6/18, Tuesday	4:00pm	Optimal Exercises to Improve Strength and Flexibility Class, w Chris Vercelli, at MCA, Free. NSRqd.		
6/25, Tuesday	4:00pm	Optimal Exercises for Sports Performance Class, w/Chris Vercelli, at MCA, Free. NSRqd.		
Community Involvement				
6/13, Thursday	7a-1:00pm	SunCoast Blood Drive, at MCA	Free	No Sign-up Required
6/20, Thursday	9a-1:30pm	SunCoast Platelet Drive, at MCA	Free	Call Lisa Fratoni, 941-917-0142 to schedule
Special Events and Trips				
6/24, Monday	9am-4pm	Trip: All Around Tours IKEA, Tampa, FL	\$30	Call All Around Tours, 941-488-9393 to pay
6/27, Thursday	4:00pm	Aviva Happy Hour, limited seating at MCA	Free	Call, e-mail or come to the MCA Office to RSVP
Coming Soon! Activities, Holidays and Programs in July				
7/04, Thursday	HAPPY INDEPENDENCE DAY! MCA BUSINESS OFFICE CLOSED. Have a fun holiday with family/friends.			
7/04, Thursday	5:30pm	BBQ Dinner, St. James United Methodist Church, \$10/pp. Pay for tickets at 2049 N. Honore Ave.		
7/04, Thursday	6:30pm	Patriotic Concert by The Meadows Summer Chorus at St. James United Methodist Church, Free		
7/18, Tuesday	11:30am	SunCoast Platelet Drive Meet and Greet w/refreshments, at MCA, Free. No Sign-up Required.		
This calendar is for all Meadows residents, no membership required. Please check often for updates: 6/10/2019				